

# OCTOBER 2024

Thomas Intermediate

We are Offer vs Serve.  
We are required to offer 5 components for Lunch. Students need to take at least 3 of the 5.  
Milk, Grain, Meat, Veg, Fruit

Breakfast & Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast: **1**  
Chicken Biscuit or  
Cereal & Toast, Fruit

Lunch:  
Spaghetti&Meatballs, Breadstick  
Veg & Fruit

Breakfast: **2**  
Wolverine Breakfast or  
Cereal & Toast, Fruit

Lunch:  
Chicken Nugget Dinner

Breakfast: **3**  
Combo Bar & Toast or  
Cereal & Toast, Fruit

Lunch:  
Chicken Sandwich & Chips  
Veg & Fruit, Cookie

Breakfast: **4**  
Muffins & Yogurt or  
Cereal & Toast, Fruit

Lunch:  
Cowboy Stew & Cornbread  
Veg & Fruit

Breakfast: **7**  
Pizza or  
Cereal & Toast, Fruit

Lunch:  
Cheeseburger & Chips  
Veg & Fruit

Breakfast: **8**  
Waffle Sticks or  
Cereal & Toast, Fruit

Lunch:  
Grilled Cheese & Soup  
Veg & Fruit, Pudding

Breakfast: **9**  
Cinnamon Roll or  
Cereal & Toast, Fruit

Lunch:  
Steak Finger Dinner

Breakfast: **10**  
Biscuit Sandwich or  
Cereal & Toast, Fruit

Lunch:  
BBQ Rib Sandwich & Chips  
Veg & Fruit

Breakfast: **11**  
Pancake on a Stick or  
Cereal & Toast, Fruit

Lunch:  
Pizza  
Veg & Fruit

Breakfast: **14**  
Biscuit & Gravy, Sausage or  
Cereal & Toast, Fruit

Lunch:  
Popcorn Chicken & FF  
Veg & Fruit

Breakfast: **15**  
Tornados or  
Cereal & Toast, Fruit

Lunch:  
Chili Frito Pie  
Veg & Fruit

Breakfast: **16**  
Donut or  
Cereal & Toast, Fruit

Lunch:  
Salisbury Steak Dinner

**Fall Break** **17**



**Enjoy  
the days off** **18**

**See you  
Tomorrow** **21**



Breakfast: **22**  
Chicken Biscuit or  
Cereal & Toast, Fruit

Lunch:  
Chicken & Noodles, Breadstick  
Veg & Fruit

Breakfast: **23**  
Wolverine Breakfast or  
Cereal & Toast, Fruit

Lunch:  
Mac & Cheese & Chick Nuggets  
Veg & Fruit, Brownie

Breakfast: **24**  
Combo Bar & Toast or  
Cereal & Toast, Fruit

Lunch:  
Walking Taco

Breakfast: **25**  
Muffins & Yogurt or  
Cereal & Toast, Fruit

Lunch:  
Lasagna & Breadstick  
Veg & Fruit

Breakfast: **28**  
Pizza or  
Cereal & Toast, Fruit

Lunch:  
Chicken Nugget Dinner

Breakfast: **29**  
Waffle Sticks or  
Cereal & Toast, Fruit

Lunch:  
Beef & Gravy Dinner

Breakfast: **30**  
Cinnamon Roll or  
Cereal & Toast, Fruit

Lunch:  
Sweet & Sour Chicken  
Veg & Fruit

Breakfast: **31**  
Biscuit Sandwich or  
Cereal & Toast, Fruit

Lunch:  
Corn Dog & FF  
Veg & Fruit, Fruit Cup Dessert



This Institution is and equal opportunity employer.